

join
rise
be

RISE Leadership Training

10:00a-3:00p
Thursdays
March, 2024
deKoven House
27 Washington St
Middletown, CT

18-29 YEARS OLD

RECOVERY



SIGN UP



<http://tinyurl.com/buwmcaxw>



SCAN

OR Text **HopeNow** to **51555**

You will need to sign up for transportation with your DMHAS YAS provider.

Adult Allies welcome to sign up along with 3 Young Adults.

MISSION

Explore who you are
Create growth goals
Build confidence
Practice self-control
Learn together

COMMITMENT TO ATTEND ALL 4 SESSIONS IS REQUESTED

DAILY AGENDA

- 10:00 Arrive
- 10:15 Activity
- 12:00 Lunch (Provided)
- 12:45 Regroup
- 1:00 Activity
- 3:00 Close

Questions?

connect@joinrisebe.org
www.joinrisebe.org



JOIN THE MOVEMENT | RISE ABOVE CIRCUMSTANCE | BE THE VOICE OF RECOVERY