

TURNING

POINT

CT.ORG

# TURNINGPOINTCT.ORG 2019 AWARENESS CALENDAR

## MONTH:

- Mental Wellness Month
- National Mentoring Month
- Self-Help Group Awareness Month
- National Stalking Awareness Month (NSAM)
- National Slavery and Human Trafficking Prevention Month

## WEEK:

- 21st- 25th : No Name Calling Week
- 22nd - 28th : Drug and Alcohol Facts Week (NIDA)

## DAY:

- 1st : Day of World Peace
- 11th :Human Trafficking Awareness Day
- 21st : Martin Luther King Jr. Day

## JANUARY

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YOU ARE NOT ALONE

**TURNINGPOINTCT.ORG**  
**2019 AWARENESS CALENDAR**



FEBRUARY						
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**MONTH:**

- African American History Month
- Boost Your Self Esteem Month
- Teen Dating Violence Awareness and Prevention Month
- Recreational Therapy Month

**WEEK:**

- 25th - March 5th : Eating Disorder Awareness and Screening Week

**DAY:**

- 17th : Random Acts of Kindness Day

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MONTH:

- Developmental Disabilities Month
- Women's History Month
- Social Workers Month
- Problem Gambling Awareness Month
- Self Harm Awareness Month
- National Nutrition Month

WEEK:

- 25th - March 5th : Eating Disorder Awareness and Screening Week
- 10th - 17th : National Sleep Awareness Week

DAY:

- 1st : Self Injury Awareness Day
- 1st: Zero Discrimination Day
- 8th : International Women's Day
- 13th : Brain Injury Awareness Day
- 20th : Kick Butts Day
- 20th : International Day of Happiness
- 21st : World Down Syndrome Day
- 21st : International Day for the Elimination of Racial Discrimination
- 26th : Purple Day for Epilepsy

## MARCH

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**2019 AWARENESS CALENDAR**



**MONTH:**

**WEEK:**

**DAY:**

- Alcohol Awareness Month
- Autism Awareness Month
- Child Abuse Prevention Month
- National Poetry Month
- Sexual Assault Awareness Month (SAAM)
- Stress Awareness Month
- National Humor Month

- 8th - 12th : National Youth Violence Prevention Week

- 2nd : World Autism Day
- 2nd : Sexual Assault Awareness Day of Action (SAAM)
- 7th : World Health Day
- 10th : Siblings Day
- 10th : National Youth HIV & AIDS Awareness Day
- 12th : GLSEN Day of Silence
- 16th : National Stress Awareness Day
- 22nd : Earth Day

APRIL						
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## MONTH:

- Better Sleep Month
- Bike Month
- Borderline Personality Disorder Awareness Month
- Foster Care Month
- Mental Health Awareness Month
- National Teen pregnancy Prevention Month

## WEEK:

- 12th - 18th : National Prevention Week
- 12th - 19th : National Women's Health Week

## DAY:

- 31st : World No Tobacco Day

MAY						
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JUNE						
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**MONTH:**

- LGBT Pride Month
- PTSD Awareness Month
- Men's Health Month

**WEEK:**

- 10th - 16th : Men's Health Week

**DAY:**

- 4th : Hug Your Cat Day
- 18th : Autistic Pride Day
- 26th : International Day Against Drug Abuse and Illicit Trafficking
- 27th : National HIV Testing Day
- 27th : National PTSD Day

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## 2019 AWARENESS CALENDAR

### AWARENESS MONTH FOR:

- Disability Pride Month
- National Minority Mental Health Month

### AWARENESS DAY FOR:

- 30th : International Day of Friendship

JULY						
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AUGUST						
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**DAY:**

- 8th : Happiness Happens Day
- 8th : International Cat Day
- 12th : International Youth Day
- 30th : Opiod Misuse Prevention Day
- 31st : International Overdose Awareness Day

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**2019 AWARENESS CALENDAR**

SEPTEMBER						
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**MONTH:**

- National Recovery Month
- Suicide Prevention Month
- Drug-Free Pain Management Awareness Month

**WEEK:**

- 8th - 14th : National Suicide Prevention Week

**DAY:**

- 9th : International Fetal Alcohol Spectrum Disorder Awareness Day
- 10th : World Suicide Prevention Day
- 15th : Rape, Abuse & Incest National Network Day
- 21st : International Day of Peace

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2019 AWARENESS CALENDAR



OCTOBER						
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**AWARENESS MONTH FOR:**

- Bullying Prevention Month
- Mental Wellness Month
- Depression Education and Awareness Month
- Disability Employment Awareness Month
- Domestic Violence Awareness Month
- LGBTQ History Month
- National ADHD Awareness Month

**AWARENESS WEEK FOR:**

- 6th – 12th : Mental Illness Awareness Week
- 20th – 26th : Colligate Alcohol Awareness Week
- 20th – 26th : National Teen Driver Safety Week
- 23rd – 31st : Red Ribbon Week

**AWARENESS DAY FOR:**

- 2nd : International Day of Non-Violence
- 6th : National Depression Screening Day
- 7th : World Day of Bullying Prevention
- 10th : World Mental Health Day
- 11th : National Coming Out Day
- 11th : Day of the Girl Child
- 14th : Indigenous People's Day
- 22nd : International Stuttering Awareness Day
- 26th : Intersex Awareness Day

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**2019 AWARENESS CALENDAR**

**MONTH:**

- Adoption Awareness Month
- Alzheimer's Awareness Month
- Epilepsy Awareness Month

**WEEK:**

- 12th - 19th : Transgender Awareness Week

**DAY:**

- 13th : World Kindness Day
- 16th : International Day for Tolerance
- 17th : International Students Day
- 19th : International Men's Day
- 20th : Transgender Day of Remembrance
- 21st : Great American Smokeout
- 23rd : International Survivors of Suicide Day
- 25th : International Day for the Elimination of Violence Against Women

NOVEMBER						
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2019 AWARENESS CALENDAR



DECEMBER						
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**AWARENESS MONTH FOR:**

- AIDS Awareness Month
- Universal Human Rights Month

**AWARENESS DAY FOR:**

- 1st : World AIDS Day
- 3rd : International Day of People with Disabilities
- 10th : Human Rights Day

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